



**RESTRAINT/SECLUSION/OBSERVATION RECORD**  
**BEHAVIOR MANAGEMENT (VIOLENT AND SELF DESTRUCTIVE BEHAVIORS)**  
**INJURY PREVENTION (NON-VIOLENT, NON-SELF DESTRUCTIVE BEHAVIORS)**

Today's Date: 09/19/2018

Restraints Initiated: Date: 09/19/2018 Time: 0850 Applied By: RN

BP 130/80 HR 76 RR 22 Unable to do VS (due to behavior) \_\_\_\_\_

**Type of Restraint / Seclusion**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Wrist                      | <u>Leather</u><br><input type="checkbox"/> L <input type="checkbox"/> R | <u>Soft</u><br><input checked="" type="checkbox"/> L <input checked="" type="checkbox"/> R |
| <input type="checkbox"/> Ankle                      | <input type="checkbox"/> L <input type="checkbox"/> R                   | <input checked="" type="checkbox"/> L <input checked="" type="checkbox"/> R                |
| <input type="checkbox"/> Geri Chair                 |   |  |
| <input type="checkbox"/> Mittens Tied               |   |  |
| <input type="checkbox"/> 4 Side Rails Up            |   |  |
| <input checked="" type="checkbox"/> 1:1 Observation | <input type="checkbox"/> Close Observation                              |  |
| <input type="checkbox"/> Seclusion                  | <input type="checkbox"/> Safety Monitor                                 |  |

**Describe Behavior Prior To Application**

- Assaultive Behavior
- Unsafe, Independent Ambulation
- Dislodging Medical Devices
- Verbally Abusive
- Delusional / Paranoid
- Homicidal Ideation
- Unreliable / Forgetful
- Agitated
- Other (Describe in Nurse's Notes)

**Alternative Measures Used**

- Sitter with Patient
- Verbal Intervention
- Reorient of Plan of Care x 2
- Diversional Activities (e.g., TV, Books)
- Pain Management
- Move to room closer to Nurse Station
- Other: \_\_\_\_\_

Episode recorded on restraint log

**Family Notified:**  Yes  No

Time of Notification: \_\_\_\_\_

**Treatment Plan Reviewed:**  Yes  No 2 pt

With Consent  Yes  No  
Verbalized Understanding  Yes  No

Spoke with: \_\_\_\_\_

**Any injury noted from application of restraint?**

Yes (detail in progress note)  No

Completed By: [Signature], RN

Date / Time: 9/19/2018



**RESTRAINT/SECLUSION/OBSERVATION  
RECORD**



BLAYK, BONZE ANNE ROSE  
A00088518428 M000597460  
05/01/1956 62 F  
Caballes, Freder ICU ICU06-C

Today's Date: 09/19/2018

**Progress Toward Release**

- 3 - Behaviors which necessitate restraint, as specified in MD Order, continue.
- 2 - Behaviors which necessitate restraint, as specified in MD Order, are improved.
- 1 - Behaviors, which allow removal of restraint, as specified in MD Order, are achieved.

**Hygiene / BRP**

- O - Hygiene & toileting were offered. This may include, but is not limited to, oral hygiene, AM/PM care, offering bedpan, urinal or ambulating to bathroom.
- R - Hygiene and toileting needs were offered, but were refused by patient.

**Action Taken**

- R - Restraints in place / secure; Seclusion / Observation remain in place.
- O - Restraints discontinued; Seclusion / Observation discontinued.

**Level of Consciousness (LOC)**

- A - Oriented and converses
- D - Disoriented and converses
- I - Inappropriate words and/or sounds
- U - Unconscious

**Mental Status (MS)**

- + - Alert & responds to verbal stimuli
- Responds only to painful stimuli
- 0 - No Response

**CMS Extremity Check / ROM**

The skin is pink, warm & dry. Pulses are + & capillary refill < 2 seconds. No Tingling, numbness or change in sensation reported. ROM is performed & no change from admission assessment is noted. No evidence of friction or edema is present. No other injury or circulatory problems are noted. No injury is noted. Restraints are reapplied after ROM is completed. Place a check mark if above standards are met. If there is a variance, place an \* in the box & note in Progress Notes.





Today's Date: 09/19/2010



BLAYK, BONZE ANNE ROSE  
 A00088518428 M000597460  
 05/01/1956 62 F  
 Caballes, Freder ICU ICU06-0

Time	Progress	Action	Hygiene / BRP	PO Offered	LOC	MS	CMS / ROM		
0715									
0730									
0745									
0800									
0815									
0830									
0845									
0900	3	R	✓	✓	D	+	✓	pt sleeping	EC
0915	3	R	✓	✓	D	+	✓	RN in room	EC
0930	3	R	✓	✓	D	+	✓	RN in room	EC
0945	3	R	✓	✓	D	+	✓	RN in room	EC
1000	3	R	✓	✓	D	+	✓	RN in room	EC
1015	3	R	✓	✓	D	+	✓	RN in room	EC
1030	3	R	✓	✓	D	+	✓	sleeping	EC
1045	3	R	✓	✓	D	+	✓	sleeping	EC
1100	3	R	✓	✓	D	+	✓	talking/drowsy	EC
1115	3	R	✓	✓	D	+	✓	talking/drowsy	KM
1130	3	R	0	✓	D	+	✓	sleeping	KM
1145	3	R	0	NPO	D	+	✓	talking/drowsy	KM
	3	R	0	NPO	D	+	✓	occasional talking/sleep	EC
	3	R	0	NPO	D	+	✓	sleeping	EC
1230	3	R	0	NPO	D	+	✓	sleeping	EC
1245	3	R	0	NPO	D	+	✓	sleeping	EC
1300	3	R	0	NPO	D	+	✓	asleep	JP
1315	3	R	0	NPO	D	+	✓	toiletting bedpan	PR
1330	3	R	0	NPO	D	+	✓	talking	PR
1345	3	R	0-asleep	NPO	D	+	✓	sleeping	CE
1400	3	R	0-asleep	NPO	D	+	✓	sleeping	CE
1415	3	R	0-sleep	NPO	D	+	✓	sleeping	CE
1430	3	R	sleeping	NPO	D	+	✓	sleeping	CE
1445	3	R	sleeping	NPO	D	+	✓	sleeping	B
1500	3	R	0	NPO	F	+	✓	sleeping	B
1515	3	R	0	NPO	F	+	✓	CT	B
1530	3	R	0	NPO	F	+	✓	CT	B
1545	1	0	0	NPO	A	+	✓	sleeping	B
1600	1	0	0	NPO	A	+	✓	sleeping	B
1615	1	0	0	NPO	A	+	✓	sleeping	B
1630	1	0	0	NPO	A	+	✓	sleeping	B
1645	1	0	0	NPO	A	+	✓	sleeping	B
1700	1	0	0	NPO	A	+	✓	sleeping	B
	1	0	0	NPO	A	+	✓	sleeping	B
1730	1	0	0	NPO	A	+	✓	sleeping	B
1745	1	0	0	NPO	A	+	✓	sleeping	B
1800	1	0	0	NPO	A	+	✓	talking	B





Today's Date: 09/19/2018



BLAYK, BONZE ANNE ROSE  
 A00088518428 M000597460  
 05/01/1956 62 F  
 Caballes, Freder ICU ICU06-0

Time	Progress	Action	Hygiene / BRP	PO Offered	LOC	MS	CMS / ROM	Comments	Initials
1815		O	O	✓ PO	A	F	✓	Awake	
1830									
1845									
1900		R	O	NPO	A	+	✓	awake / resting	IL1
1915		R	O	"	A	+	✓	resting	IL1
1930		R	O	NPO	B	+	✓	agitated	IL1
1945		R	O	"	A	+	✓	to OR	IL1
2000		R	O	"	-	-	-	PT. still in OR	IL1
2015		R	O	"	-	-	-	PT. in OR	IL1
2030		R	O	"	-	-	-	PT. in OR	IL1
2045		R	O	NPO	A	+	✓	PT back from OR	IL1
2100		R	O	"	A	+	✓	PT. agitated	IL1
2115		R	O	Offered	A	+	✓	PT. resting	IL1
2130		R	✓	"	A	+	✓	Conversing with RN	IL1
2145		R	-	"	A	+	✓	PT. resting	IL1
2200		R	-	"	A	+	✓	PT. agitated, restraints on	IL1
2215		R	-	"	A	+	✓	PT. resting	IL1
2230		R	-	"	A	+	✓	PT. resting	IL1
2245		R	-	"	B	+	✓	PT. resting	IL1
2300		R	-	"	A	+	✓	PT. resting	IL1
2315		R	-	"	B	+	✓	PT. resting / talking to self	IL1
2330		R	-	"	A	+	✓	PT. resting	IL1
2345		R	-	"	A	+	✓	PT. resting	IL1
2400		R	-	"	B	+	✓	PT. resting	IL1
0015		R	-	"	A	+	✓	PT. resting	IL1
0030		R	-	"	B	+	✓	PT. agitated	IL1
0045		R	-	"	A	+	✓	PT. resting	IL1
0100		R	-	"	B	+	✓	PT. moving around in bed	IL1
0115		R	-	"	A	+	✓	PT. resting	IL1
0130		R	-	"	A	+	✓	PT. resting	IL1
0145		R	-	"	A	+	✓	PT. resting	IL1
0200		R	-	"	A	+	✓	PT. resting	IL1
0215		R	-	"	A	+	✓	PT. resting	IL1
0230		R	-	"	A	+	✓	PT. toileting	IL1
0245		R	-	"	A	+	✓	PT. agitated	IL1
0300		R	-	"	A	+	✓	PT. agitated	IL1
0315		R	-	"	A	+	✓	PT. resting	IL1
0330		R	-	"	A	+	✓	PT. moving around	IL1
0345		R	-	"	A	+	✓	PT. agitated	IL1
0400		R	Yes	Yes	B	+	✓	PT. resting	IL1
0415		R	-	"	A	+	✓	PT. resting	IL1
0430		R	-	"	B	+	✓	PT. resting	IL1
0445		R	-	"	A	+	✓	PT. resting	IL1
0500		R	-	"	A	+	✓	PT. resting	IL1
0515		R	-	"	A	+	✓	PT. resting	IL1
0530		R	Yes	"	A	+	✓	PT. toileting	IL1
0545		R	-	"	A	+	✓	PT. resting	IL1
0600		R	-	"	B	+	✓	PT.	
0615		R	-	"	A	+	✓	PT.	
0630		R	-	"	B	+	✓	PT.	
0645		R	-	"	A	+	✓	PT.	

Signature	Initial	Date/Time	Signature	Initial	Date/Time
<i>[Signature]</i>	EC	09/19/2018	<i>[Signature]</i>	RP	09/19/18 1350
<i>[Signature]</i>	KM	09/19/2018	<i>[Signature]</i>	RP	9/19/18 1359
<i>[Signature]</i>	ACE	09/19/2018	<i>[Signature]</i>	03	9/19/18 1800

2. dating



"CLINDOC" 1960, 9/19/18